

19 March 2020

RE: Possible exposure to novel coronavirus (COVID-19) at select locations in Whistler

Dear Community Members,

This letter is to notify you that you may have come in contact with novel coronavirus (COVID-19) if you attended the following locations in Whistler:

- **Rendez-vous Chalet, Whistler Mountain, Mar 9 between 1-2 pm and Mar 10 between 12-2 pm**
- **Dubh Linn Gate Pub, Mar 10 between 12 - 3 pm**
- **Escape Room, Mar 13 between 1:30 to 4 pm**

One or more individuals present at these locations have been diagnosed with COVID-19. Though the risk of transmission is low, we are notifying people who may have been present at the above locations and asking you to:

- Monitor for fever, cough, malaise, runny nose, fatigue, sore throat, nausea, vomiting or diarrhea (until March 27th); and
- Avoid public spaces and places where you cannot keep a distance of at least 2 metres from others (i.e. social distancing). More information about social distancing can be found on the BC Centre for Disease Control website: <http://www.bccdc.ca/health-info/diseases-conditions/covid-19/common-questions>

COVID-19 is a respiratory illness. It can spread through droplets when a person coughs or sneezes, or touching the virus with your hands then touching your face before washing your hands. Symptoms of COVID-19 may be mild or severe. **Most people will experience mild illness.**

It is also important to note that respiratory illness can be caused by a number of other viruses including influenza. If you already have symptoms or should you develop symptoms, isolate yourself from others for fourteen days from the start of your illness. Should you need to seek care, please call your family physician or the Whistler Health Centre to make arrangements.

If you do not have symptoms, there is no risk to you or those around you. You do not need to isolate yourself, visit a doctor, or get tested. However, as described above, we recommend you avoid public spaces and places where you cannot easily separate yourself from others.

General information about COVID-19 can be found by calling 811 or visiting the following websites:

- HealthLinkBC: <https://www.healthlinkbc.ca/health-feature/coronavirus-covid-19>
- VCH: www.vch.ca

Sincerely,



Meena Dawar, MD
Medical Health Officer
Vancouver Coastal Health