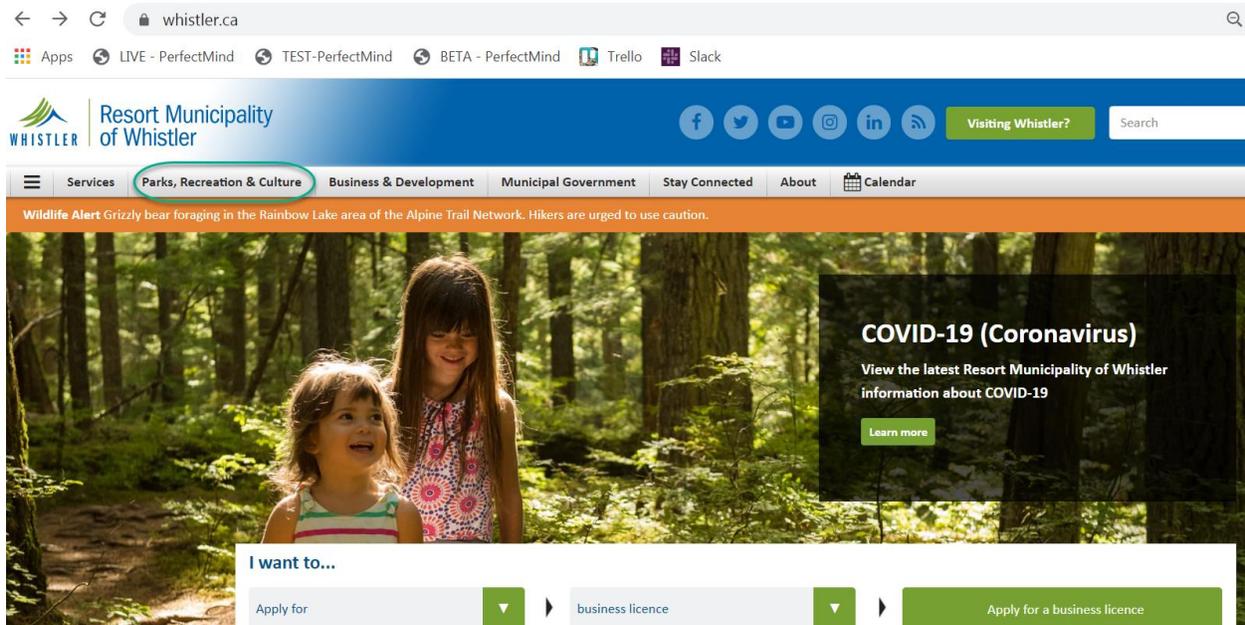
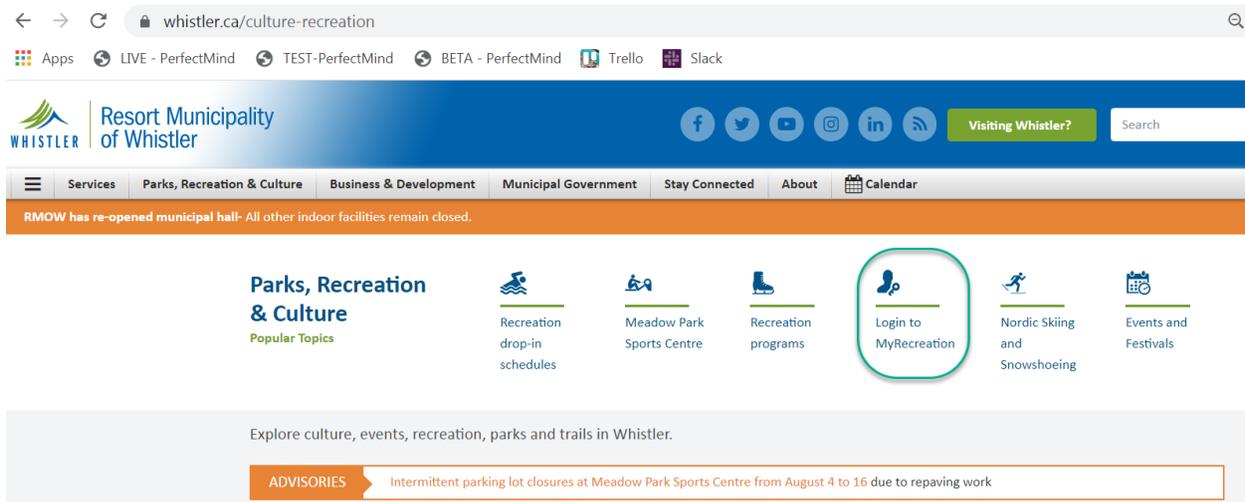


How to book a group fitness class

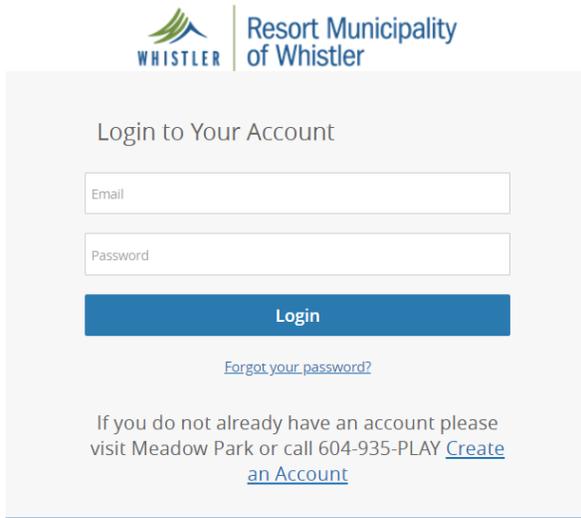
1. Go to www.whistler.ca (Chrome, FireFox, and Safari are our recommended browsers. You will experience problems with Internet Explorer)
2. Click on “Parks, Recreation & Culture”



3. Click on “Login to MyRecreation”

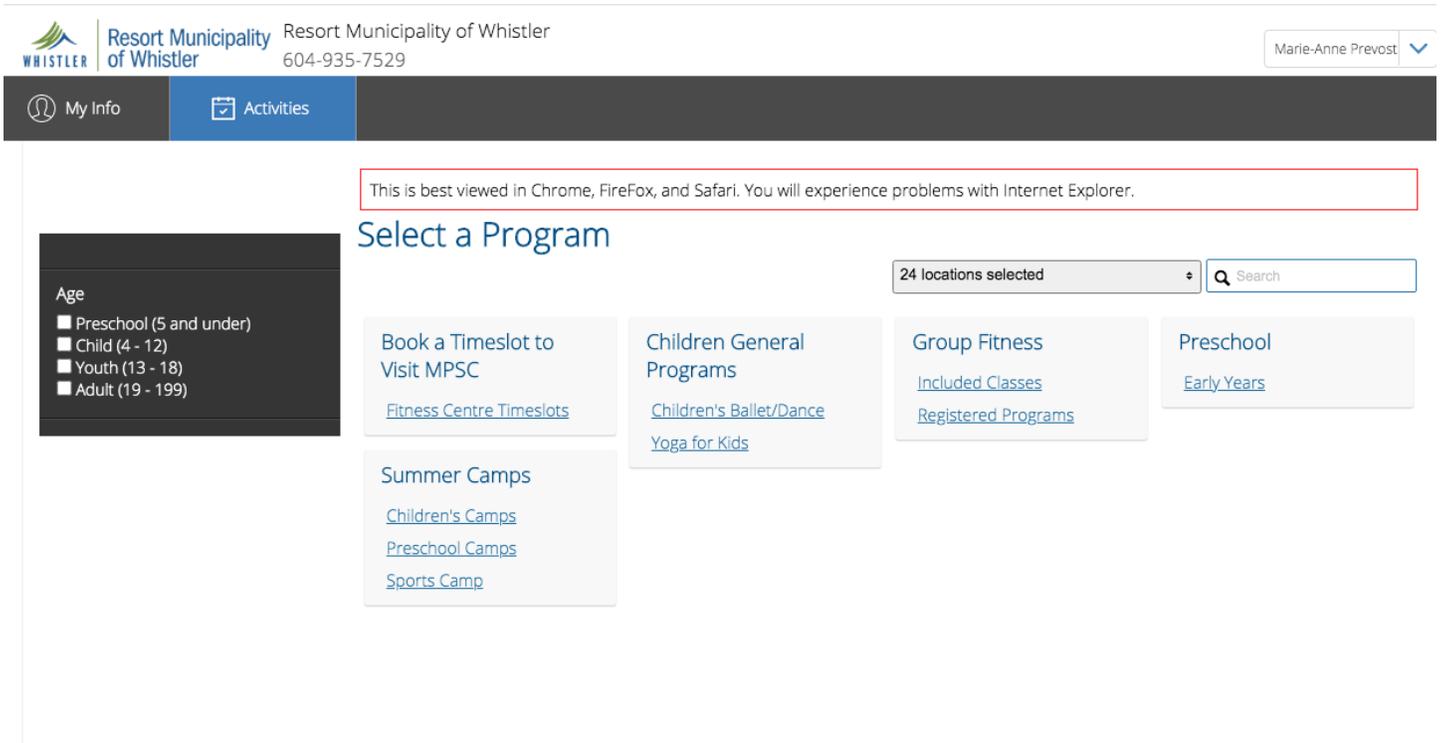


4. Login to your account. Please call 604-935-7529 if you need assistance with login details



The screenshot shows the login page for the Resort Municipality of Whistler. At the top left is the Whistler logo. To its right is the text "Resort Municipality of Whistler". Below this is the heading "Login to Your Account". There are two input fields: "Email" and "Password". Below the fields is a blue "Login" button. Underneath the button is a link that says "Forgot your password?". At the bottom of the form area, there is text that reads: "If you do not already have an account please visit Meadow Park or call 604-935-PLAY [Create an Account](#)".

5. Once logged in, click on the "Activities" tab, and then on "Group Fitness" then "Included Classes"



The screenshot shows the website interface for the Resort Municipality of Whistler. At the top left is the Whistler logo and the text "Resort Municipality of Whistler" and "604-935-7529". At the top right, there is a user profile dropdown menu showing "Marie-Anne Prevost" with a downward arrow. Below the header is a navigation bar with "My Info" and "Activities" (which is highlighted in blue). Below the navigation bar is a message box that says "This is best viewed in Chrome, FireFox, and Safari. You will experience problems with Internet Explorer." Below this is the "Select a Program" section. On the left is an "Age" filter menu with options: "Preschool (5 and under)", "Child (4 - 12)", "Youth (13 - 18)", and "Adult (19 - 199)". To the right of the filter is a search bar with "24 locations selected" and a search icon. Below the search bar are several program categories: "Book a Timeslot to Visit MPSC" with a link to "Fitness Centre Timeslots"; "Children General Programs" with links to "Children's Ballet/Dance" and "Yoga for Kids"; "Group Fitness" with links to "Included Classes" and "Registered Programs"; and "Preschool" with a link to "Early Years". Below these are "Summer Camps" with links to "Children's Camps", "Preschool Camps", and "Sports Camp".

6. Choose the timeslot you would like to attend by pressing "book". Please note spots open up 72 hours before the booking time.
7. Double check that you have chosen the correct Fitness Class and press "BOOK"



My Info

Activities

Activities

Filter results by:

Age

- Youth (13 - 18)
- Adult (19 - 199)

Service

- Body Pump Boot Camp
- Boot Camp
- High Impact Fitness
- Low Impact Strength & Stretch
- Sweat Effects in the Studio
- Sweat It Out!
- Yoga for Covid-19 Times
- Zumba

Instructor

- Andy Robinson
- Beth Dunlop
- Jess Finnegan
- No Instructor

Facility

- Combined Box / Fitness Studio
- No Facility

Included Classes

Today

27/08/2020

Sep 8th

Sweat Effects in the Studio

7:30am - 8:30am

Beth Dunlop

Meadow Park Sports Centre

\$0.00 - \$8.57

15 spot(s) left

Book

Low Impact Strength & Stretch

9:00am - 10:00am

Beth Dunlop

Meadow Park Sports Centre

\$0.00 - \$8.57

15 spot(s) left

Book

Zumba

12:15pm - 1:15pm

Meadow Park Sports Centre

\$0.00 - \$8.57

15 spot(s) left

Book

Boot Camp

6:00pm - 7:00pm

Meadow Park Sports Centre

\$0.00 - \$8.57

More Info

My Info

Activities

Back

Sweat Effects in the Studio

BOOK

08/09/2020

7:30am - 8:30am

15 spot(s) left

Registration ends on 31/12/2020 at 12:00 AM

Fees

Group Fitness Class Booking Youth (16-18 yrs)	\$5.24 <small>No Tax</small>
Group Fitness Class Reservation (with Membership)	Free
Group Fitness Class Booking Adult	\$8.57 <small>No Tax</small>
Group Fitness Class Reservation (Early Bird/Late Owl)	Free

Similar Events

4 sessions		Every Tue
08/09/2020	07:30 AM - 08:30 AM	Combined Box / Fitness Studio
15/09/2020	07:30 AM - 08:30 AM	Combined Box / Fitness Studio
22/09/2020	07:30 AM - 08:30 AM	Combined Box / Fitness Studio

About this class

Move with intention and plan to break some barriers. This high intensity, high impact and fast moving class is designed with creative exercise combinations and repetition patterns that will increase your metabolism, strength and all around fitness level by busting through your comfort zone.

Meadow Park Sports Centre

[Show Map](#)

Class ID

00010551

Instructor

Beth



8. Choose which family member will be attending by checking the box by their name and picture, then click "Next", only family members with current passes will be able to book the fitness class.



My Info

Activities

Back to Event

Sweat Effects in the Studio

08/09/2020
7:30am - 8:30am
15 spot(s) left

Restrictions

Age: 16+

ends on 31/12/2020 at 12:00 AM

Cancel within 24 hrs of class start time and be charged a fee. Do not come to class sick. Cancellations due to sickness will not be charged a fee but account frozen for two weeks.



Who would you like to book?

- Bill Deeks (Son) Age: 10 y 5 mos
- Bob Deeks (Husband)
- Liv Deeks (Daughter) Age: 11 y 9 mos
- Marie-Anne Prevost (You)

Next

9. Go through the Covid-19 Questionnaire, and check the boxes stating that you agree to the statements listed, confirm your current phone number and update if needed, then click "Next"

14 spot(s) left

Registration ends on 31/12/2020 at 12:00 AM

1 spot held
until inactive for 15 minutes



COVID-19 Questionnaire



Bob Deeks

I acknowledge that I will not visit the facility or attend any programs if I or anyone in my household is exhibiting cold, flu or COVID-19 like symptoms, even mild ones.

*

Symptoms include: Fever, chills, cough or worsening of chronic cough, shortness of breath, sore throat, runny nose, loss of sense of smell or taste, headache, fatigue, diarrhea, loss of appetite, nausea and vomiting, muscle aches.

While less common, symptoms can also include: stuffy nose, conjunctivitis (pink eye), dizziness, confusion, abdominal pain, skin rashes or discoloration of fingers or toes.

I Agree

I acknowledge that I will not visit the facility or attend any programs if I or anyone in my household has travelled outside of Canada in the 14 days prior to my booking.

*

I Agree

I acknowledge that I will not visit the facility or attend any programs if I or anyone in my household has been required by the public health authority to quarantine or self-isolate and has not yet been cleared to resume activities.

*

I Agree

Please confirm your current phone number.

*

604 937 1143

10. Check that all of your booking information is correct, then click “Checkout”
Drop-ins are available and patrons will pay the \$9 for Adults or \$5.50 for Youth
Patrons with valid memberships will have a \$0 amount and then scan their pass when they arrive 5 min prior to class start time.

[Back to Event](#)

Sweat Effects in the Studio

08/09/2020
7:30am - 8:30am
14 spot(s) left

Restrictions

Age: 16+

Registration ends on 31/12/2020 at 12:00 AM

1 spot held until inactive for 15 minutes

1 Attendees 2 Questionnaire 3 Fees & Extras 4 Review 5 Payment

Select Optional Event Extras (Required extras cannot be removed)

 Bob Deeks

Select a FEE to pay

<input checked="" type="radio"/> Group Fitness Class Reservation (with ...	Free	No Tax
<input type="radio"/> Group Fitness Class Booking Adult	\$8.57	No Tax

Total **\$0.00**

[Next](#)

11. Booking is complete! Your screen will say “Thank you!” and you will receive a confirmation email to your email address. Please ensure you read through your email and booking confirmation details to ensure you know what to expect of your visit to Meadow Park Sports Centre.



My Info

Activities

Booking Summary

1 spot held
until inactive for 15 minutes

Cart Summary

1

Attendees

2

Questionnaire

3

Fees & Extras

4

Review

5

Payment

Item	Fee	Subtotal
<p>S Sweat Effects in the Studio - Sweat Effects in the Studio with Beth Dunlop</p> <p>Every Tue, 08/09/2020 from 07:30 AM - 08:30 AM</p> <p>Bob Deeks</p> <p>Modify Booking</p>	\$0.00	\$0.00
		Subtotal: \$0.00

[Book another event](#)

Checkout